



Laws of the Universe – Practical Application

Overview

Through this module you learn about the practical application of the laws of the Universe.

Laws of the Universe

General Information Regarding the Laws of the Universe

- The laws of the Universe are integral to creating a successful joyous life
- Successful people use the laws whether they are aware of them or not
- When reading these laws, pay attention to how many laws have love attached to them
- Books from every religion carry and teach the same truth about the Laws of the Universe
- We are all one, from one source, here to raise our levels of consciousness and we do so by aligning with the Laws of the Universe

Hand it Over

- Accept that you are not in control
- Believe that someone or something else exists (God/Higher Power/Source/Universe/Creator) and loves you and has your best interests in mind at all time

CLC Student Center Resource: Laws of the Universe

LAWS OF THE UNIVERSE

Law of One

- All that exists, including you, is part of God/Higher Power/Source/Universe/Creator. You do not exist as an "I", only as a "we"
- Nothing is more important than your connection to God/Higher Power/Source/Universe/Creator
- Love yourself, and you will be loving God/Higher Power/Source/Universe/Creator
- Love others, and you will be loving God/Higher Power/Source/Universe/Creator

Law of Love

- We are responsible to act with love and in love in every aspect of our lives
- Love begins with self and then extends to family and friends and then the world as a whole
- Love eventually perfects all
- When you love yourself you are showing love for God/Higher Power/Source/Universe/Creator and you are inextricably linked (view law of One)

The Law of the Absolute

- Universal laws are non-negotiable
- Whether you know it or not, believe it or not, these laws exist

- They exist to help you achieve happiness, love and peace in all your affairs

Law of Abundance

- Your life is filled with variety and options
- Create abundance by loving yourself and loving the life around you
- Like the law of Attraction that which you focus on will become

Abundance Exercises

- When walking through a store repeat “I can afford that” and smile at everything you see - Soon it will be the truth
- When standing in the shower feel the water come down on you and allow the water to represent all the good things that come your way - Be washed in God/Higher Power/Source/Universe/Creator’s goodness.
- Be as happy as you would be if life was the exact way you wanted (pretend)
- Every night re-think your day as if it had gone the way you wanted it to

Law of Acceptance

- This law focuses on the Acceptance of truth of the universal laws and indicates that acceptance of things you cannot change will make your life easier to deal with and not create an abundance of negative feelings
- What things in your life are you fighting to change or fighting against? Is it productive?

The Law of Accommodation

- According to this law, failure to accommodate others to the best of your ability is not acceptable and is also a violation of the Law of Karma and the Law of Love
- Be open and willing to find a common ground with others (during disputes especially)

The Law of Action

- No matter what talents and gifts we have only action can bring them to light

Law of Activity

- The more blessings life bestows on you, the more you are expected to give back
- Take care of what you have been given and you will be blessed with more

The Law of Adaptation

- Focuses on adapting to new circumstances
- The line of least resistance is the path energy will take
- Love is always the path of least resistance

Law of Affection

- The law of Affection states that affection is a beam of love with which we adorn ourselves and others
- The only purpose of this law is to give

The Law of Alpha and Omega

- There is nothing new to the Universe: All that is now, was then and will be

Law of Attraction

- This is the law that is the basis for all manifestation
- Love is the strongest link to creating manifestation - Love yourself and all else good will have no choice but to follow
- Thinking positive thoughts and focusing on positive things is one of the many ways to show yourself love

Law of Attraction and Repulsion

- That which you think, speak and focus on will materialize in some shape or form
- This is true for both positive and negative thoughts
- To create the life you want, two other entities must be explored: Desire and expectation - Both of these principles work in conjunction with this law
- If you do not desire that which your thought rests upon and you do not expect it to actually occur it is just wasted thought
- Love and fear are very powerful emotions within this law
- Love thoughts and emotions are stronger than fear thoughts and emotions
- I.E.: If you fear what you think about you are manifesting it very quickly to you - If you love what you think about you are also manifesting that even faster

Law of Balance

- The presence of negative and positive create a balance in the world
- Although the balance of positive and negative in the world does go up and down
- But too much of negative and the world would self destruct, thus the need for positive acts

The Law of Believing and Knowing

- Through belief and knowing we create
- Knowing with every fiber of your being

Law of Compensation

- In order to receive you must first give
- Your actions, talents and gifts should focus on the greater good, and the good for all concerned and you will be rewarded (compensated) accordingly
- Take care of what you have been given in life and more will follow

The Law of Co-Creation

- Two people working together will have the power of four working individually
- When large groups of beings are gathered together and believe, their power holds the power of many times that number of people

Law of Choice

- People have the freedom to make decisions, for better or worse

Law of Circulation

- Every time you are meant to learn a lesson, it will be presented to you again and again (in various scenarios) until you have learned from it

Law of Color (Colour)

- All colors stem from one color, indigo which veils love and wisdom
- Color acts as a veil

Law of Common Ground

- This law is a problem solving law
- Attending to an area where there is positive energy is essential

Law of Dharma

- The Purpose of Life
- The principle of “right action”
- An action is only right if everyone affected by this action is rightly served
- Everything, everyone has a purpose, a reason to exist, something to share

Law of Discipline

- Many problems will be avoided through discipline

The Law of Divine Flow

- We live in the law of Divine Flow when we are living in the moment, present and in service to others
- Living in Divine Flow allows us to be surrounded by and filled with love
- Love for God/Higher Power/Source/Universe/Creator, love for self, love for others

Law of Earth

- The more you operate from the basis of love, the more you are protected from destructive forces
- This law does not allow Ascended Beings to help you unless you recognize and make use of the power of love
- The more you practice feeling true love for yourself (love of self is the same as love of God/Higher Power/Source/Universe/Creator as He resides within you, you cannot be separated from Him), the easier and faster you will be able to manifest good things and the more your love for others will grow

Law of Economy

- Matter always follows the path of least resistance
- Whatever thoughts your mind travels to most is the path of least resistance when it comes to having things materialize in your life
- Good thoughts equal good things
- Positive thoughts are an easier path than negative thoughts
- Do not try to monitor your thoughts, pay attention to your emotions - When you experience a sad emotion, sit with it in non-reaction

Law of Expectation

- Energy always follows thought
- The more you expect, the more you gain!
- Successful people expect a great deal from life - They picture amazing things and expect them to come to fruition

Law of Faith

- We all know more than we think - We have a direct line to God/Higher Power/Source/Universe/Creator, we just need to remember how to access that line
- Begin to access that line through self love and meditation
- Faith plus action equals the law of Praise

Law of Forgiveness

- This law works with the principles of love and forgiveness
- If you forgive others you will be forgiven
- You do not have to like what others have done, but you do need to wish them well on their journey
- Failure to forgive yourself or others is a violation of this law

Law of Giving

- We must give in order to receive
- And we must allow others to give in order to receive

Law of Higher Will

- When you surrender yourself, your life and your control to the will of God/Higher Power/Source/Universe/Creator, your life will no longer be operated out of fear and worry but will be operated on a basis of a life purpose for the good of all concerned
- Happiness will also stem from this
- Especially in the beginning you will need to reaffirm your surrender daily to make it an unconscious habit

Law of Honesty

- If we are dishonest, we set into motion a train of events that result in negative events occurring within our lives
- Being honest with ourselves, not living in or operating from a basis of fear is also part of being honest
- Being afraid is not allowing you to be your true self, which is dishonest (and a violation of this law)
- The best way to combat fear? Turn your life and the worries over to the Universe
- God/Higher Power/Source/Universe/Creator will take care of you - He wants to and if you are worrying, you do not trust Him to provide

Law of Increase

- The good or the bad in your life can be increased by your continued focus on it
- This is why giving thanks for what you have is so important
- This law is also connected to the law of Praise

- Can you see, in your own life, what you want to create more of and how you should shift your focus to it?

Law of Karma

- Karma is a learning tool for your spiritual self - Whatever you give out to the universe you receive
- Through positive thought and action, positive vibration and energy will manifest in your life ten-fold
- Not necessarily in an obvious way
- This law works for both the negative and the positive

Law of Knowledge

- If you use your knowledge well, more will be granted for only the Divine has the power to grant

Law of Mantras

- Through Mantras one becomes closer to the Creator
- Mantras are certain words that when said emit certain vibrations
- Chanting mantras is beneficial in raising your vibrational level
- Examples of Mantras: OM, HU, ALLELUJAH, ALLAH
- Often times when people meditate they will continually repeat a Mantra in hopes of clearing their mind and operating on a higher vibrational frequency than normal

Law of Opportunity

- Choices, opportunities and options are unlimited and will always result in success

- When you need something it will become present
- However, you must have faith in this universal truth and act when the opportunity presents itself

Law of Perfection

- Perfection occurs through the process of increasing our consciousness in all that we do

The Law of Practice

- Practice makes perfect
- Practice is important to mastering anything in life
- 21 days of practice and you have created a new habit
- 3 months and you have now created a life-long habitual pattern
- Choose one or two things to perfect or master at one time - Anymore and your attention will be too divided

The Law of Praise

- When you have faith and are singing praises your mind is being used effectively and productively
- Always be thankful for what you have

Thank you God/Higher Power/Source/Universe/Creator for the good you have given me!

Thank you God/Higher Power/Source/Universe/Creator for the good you have given me!

Thank you God/Higher Power/Source/Universe/Creator for the good you have given me!

The Law of Prosperity

- One will prosper in direct alignment with the amount of joy one experiences when seeing others and themselves prosper
- This law works for people who think and focus on positive images, events, ideas, pictures (and so on) and against those who think and focus on the negative
- It takes less energy to be positive in mind and actions than negative in mind and actions
- The more you give, the more you are able to receive

The Law of Poverty

- When you take you become poorer, when you give you become richer
- To become rich (in health, spirit, money and so on) give the talents and gifts you have to inspire those around you

The Law of Rebound

- This law states that one will come out of a bad experience stronger and more capable than before
- How many stories can you think of where this has happened? What about in your own life?

The Law of Receiving

- You must give in order to receive
- You will receive based on what you give
- Giving impulsively and incorrectly will not give the return you are most likely expecting

- Give to those who are struggling *but making progress* - That is a smart give and will result in a smart return - This is better than giving to those who are intent only on taking or those who by giving to you are merely preventing their own progress (enabling)
- The second part of this law is to expect positive returns - And prepare for them
- Example: To continually financially support your children into adulthood stops them from living the path they were meant to and tells the Universe that you do not trust the Universe to provide for them and that you want to play God/Higher Power/Source/Universe/Creator - Not good!!
- Ever wonder why Warren Buffet only gave his children a small financial gift and gave the rest away? Because to do otherwise would violate the laws of the Universe

The Law of Teaching

- This law refers to the responsibility a person has to pass on the knowledge they have learned

The Law of the Ten-Fold Return

- Gifts given freely for spiritual use (this includes time, treasures and talent) will be given back ten-fold thus enabling you to give ten times more
- That is why it is important to give your top 10% of your income to somewhere you receive your spiritual guidance - it is law

The Law of the Three Requests

- When requesting something from our Creator, asking three times is much more powerful than just asking once

- Make sure you are asking in the positive!
- Asking “Please take away my debt” is not positive and uses the word “debt” - Try “Thank you for taking care of all of my financial needs”

The Law of Unconditional Love

- This law states the importance of accepting that we are all made of God/Higher Power/Source/Universe/Creator and loving each other as such, despite the choices others make
- This does not mean associating with people that hurt us, but it means loving them as they are and sending no ill will their way
- Judgment and criticism are in conflict with this law - Opt for acceptance whenever possible

Assignment

Step 1: Read through the laws and take note of the laws you are currently following

Step 2: Choose 3 laws to incorporate more of into your life

Step 3: Design an action plan to do so

Intellectual Property Notice:

This material and these concepts are the intellectual property of World Coach Institute.

www.WorldCoachInstitute.com

Permissions:

1. All WCI lesson material is protected by copyright law. In no way may WCI course materials be utilized outside of class purposes except where is permissible.
2. Where WCI Coach Tools exist as part of a course, students and graduates of WCI courses may use WCI Coach Tools (as is) in their coaching practice on a one-on-one, group coaching or workshop basis.
3. Purchasers of WCI Coach Tools may use WCI Coach Tools may use WCI Coach Tools (as is) in their coaching practice on a one-on-one, group coaching or workshop basis.
4. Anyone who wishes to use WCI Coach Tools on a wider scale for large seminars, workshops or as a product for sale you will need to obtain a license from WCI. Please email director@worldcoachinstitute.com.